

3. Response to Office Action item 3, Specification.

In page 6, line 3 of the Application, it is requested to delete the word "weigh" and insert in its place the word --weight--.

4. Response to Office Action items 4 and 5.

Figure 3 of the Application showed the essence of the invention, whereas Figure 4 demonstrated a prototype for achieving the physics depicted in Figure 3 to improve running speed and efficiency. Thus Claim 1 as written sought to claim items 60 and 70 of Figure 3 as it was recognized in page 5, paragraph 3, that the sample device in Figure 4 could take different forms. In light of the rejection and to differentiate the present invention from the eight patents cited, it is requested to deleted Claim 1 as originally submitted and to insert a new Claim 1, as stated below, to establish FAST as a new specie not previously envisioned.

1. A Fast Arm-Swing Tether system comprising
a frontal protrusion means with a support located in front of chest at a distance less
than length of lower arm away from chest, and
a pendulum means;
with said frontal protrusion means worn by an athlete;
with said support at the frontal protrusion means effective to hang said pendulum
means;
with the pendulum means hanging from the support; and
with the pendulum means effective in providing hanging support to ends of lower
arms of said athlete so as to enhance arm-swing pendulum motion.

Applicant hopes the above discussion has been presented with sufficient clarity and has
adequately addressed the Office Action objections.

Sincerely,



Andrew W. Chow, Applicant
15306 Parkville Dr.
Houston, TX 77068